# Redefining Global Health Care

Narrowing the Gap Between Aspiration and Action

Jim Yong Kim, M.D., Ph.D. Michael E. Porter, Ph.D Global Health Delivery Case Discussion April 22, 2009



Gaps in health financing, human resources, and access to care have <u>fatal consequences</u> for millions in developing countries

- Millions of deaths from preventable & treatable causes
  - 6.3 million preventable childhood deaths
  - 1/2 million maternal deaths
  - 3 million HIV deaths less than 1-in-8 on treatment
  - 2 million tuberculosis deaths
  - 1 million malaria deaths mostly children
- Over 10 million needless deaths each year
   ...from conditions for which safe, effective,
   affordable prevention & treatment exist



# the implementation bottleneck

- Vaccines
- Primary Health Care
- Drug Therapies
- Maternal and Child Health Care
- Basic Surgery

# investment

Bill and Melinda Gates Foundation \$6.5 B

The Global Fund **\$8.6** B

President's Emergency Plan for AIDS \$15 B

International Finance Facility \$4 B

Multi-Country HIV/AIDS Program \$1.1 B

Global Alliance \$3 B

Public-private partnerships \$1.2 B

Anti-Malaria Initiative in Africa (proposed) \$1.2 B

United Nations Fund \$360 M

Warren Buffet \$37 B

### TOTAL \$77.7 B

\*Funds pledged, committed, or spent. Overlap exists between organizations (e.g., PEPFAR money supports the Global Fund). Adapted from Jon Cohen, The new world of global health. *Science* 2006;311(5758):162-167.

# the implementation bottleneck

- Vaccines
- Primary Health Care
- Drug therapies
- Maternal Child Health Care
- Basic Surgery

#### **New Developments:**

- Microbicides and other preventive tools
- New malaria and TB drugs, diagnostics
- New combination therapies
- Drugs for neglected diseases
- >10 new vaccines

### **Global Health Delivery Failures**

Intervention	Implementation		
<b>ARVs for PMTCT</b> <i>Reduce HIV transmission</i> <i>by 40%</i>	<ul> <li>9% coverage of</li> <li>women overall and</li> <li>50% of women who</li> <li>test positive in a clinic</li> <li>are given ARVs for</li> <li>PMTCT</li> </ul>		
ITNs for Malaria Prevention Reduce infant mortality by 23%	Only <b>3%</b> of children in endemic areas sleep under nets		



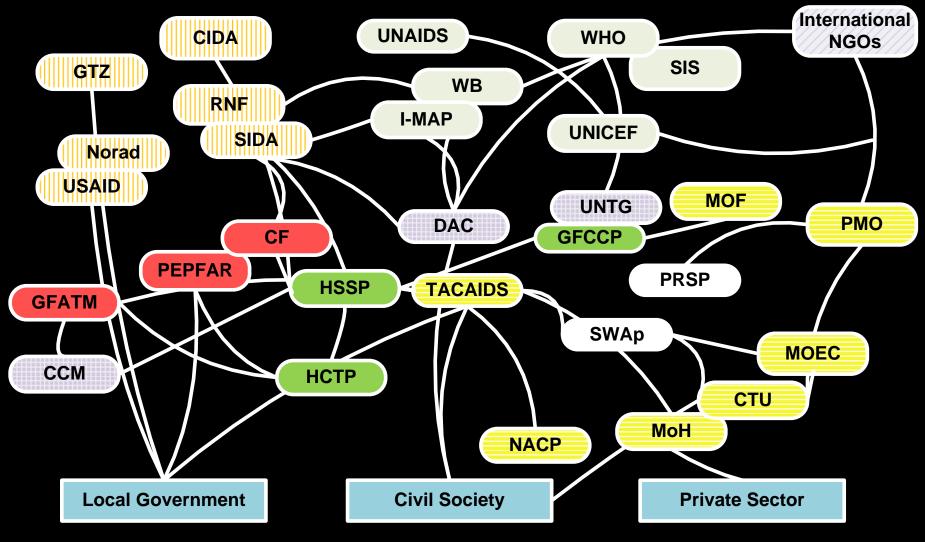


## Global Health "Strategy" to Date

- Countries and even districts working in isolation
- Intervention-based
- Project-based
  - Donor preference driven
  - Experimental pilots that never scale
- Resources often diverted for overhead and consultants
- Broad policy guidelines and plans for investment in facilities, equipment, and human resources
- Competition among implementers
- Parallel systems
- Cottage industry approach to care delivery
- Fragmentation of services
- Absence of results and measurement
- Clear need for a better approach



### **Relationships Between Various Stakeholders in Tanzania**





- Coordinating committees
- Plans and programs
- IMF/World Bank
- Nongovernment organizations

# Redefining Health Care Delivery

- Universal coverage and access to care are essential, but not enough
- The core issue in health care is the value of health care delivered

Value = Patient health outcomes per dollar spent



- How to design a health care system that dramatically improves value
  - Ownership of entities is secondary (e.g. non-profit vs. for profit vs. government)
- How to create a **dynamic system** that keeps rapidly improving



# Creating a Value-Based Health Care System

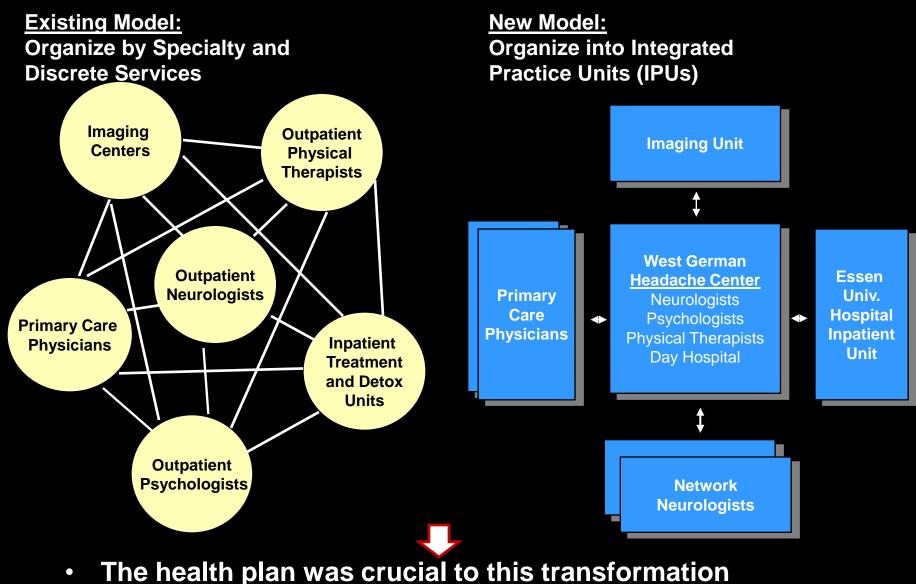
 Significant improvement in value will require fundamental restructuring of health care delivery, not incremental improvements

> Today, 21<sup>st</sup> century medical technology is delivered with 19<sup>th</sup> century organization structures, management practices, and pricing models

- TQM, process improvements, safety initiatives, pharmacy management, and disease management overlays are beneficial but not sufficient to substantially improve value
- Consumers cannot fix the dysfunctional structure of the current system



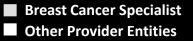
### **Restructuring Care Delivery Migraine Care in Germany**



Source: Porter, Michael E., Clemens Guth, and Elisa Dannemiller, The West German Headache Center: Integrated Migraine Care, Harvard Business School Case 9-707-559, September 13, 2007 20090422 GHD Case Discussion Final Copyright 2009 © Michael E. Porter 11

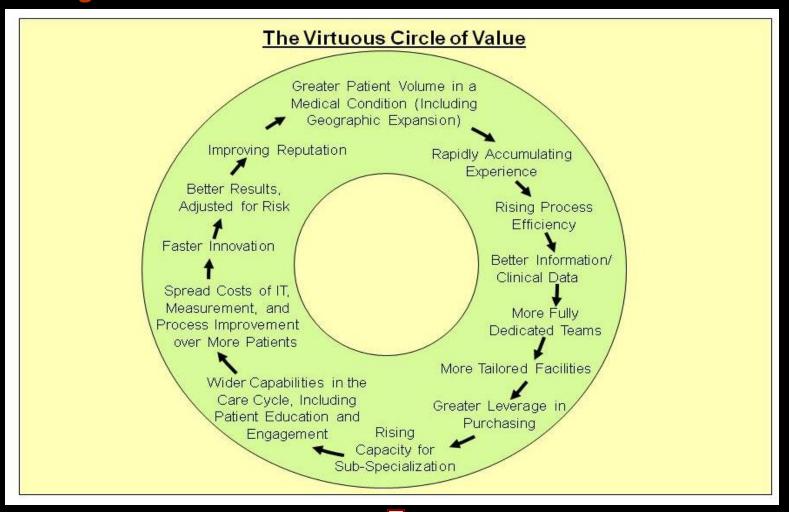
### The Cycle of Care Breast Cancer

GAGING ASURING	<ul> <li>Advice on self screening</li> <li>Consultation on risk factors</li> </ul>	<ul> <li>Counseling patient and family on the diagnostic process and the diagnosis</li> </ul>	• Explaining patie choices of treatment Patient and family psycho- logical counseli	Achieving compliance	on rehabilitation options, process Achieving compliance Psychological counseling	• Counseling on long term risk management • Achieving compliance
	•Self exams •Mammograms	•Mammograms •Ultrasound •MRI •Biopsy •BRACA 1, 2		•Procedure- specific measurements	•Range of movement •Side effects measurement	•Recurring mammograms (every 6 months for the first 3 years)
•	•Office visits •Mammography lab visits	•Office visits •Lab visits •High-risk clinic visits	Office visits     Hospital visit	Hospital stay     Hospital stay     visits to outpatien     or radiation     chemotherapy     units	•Office visits     •Rehabilitation     facility visits	the first 3 years) •Office visits •Lab visits •Mammographic labs and imaging center visits
	MONITORING/ PREVENTING • Medical history	DIAGNOSING  •Medical history	PREPARING	•Surgery (breast	RECOVERING/RE HABING •In-hospital and	MONITORING/ MANAGING •Periodic mammography •Other imaging
	<ul> <li>Control of risk factors (obesity, high fat diet)</li> <li>Genetic screening</li> <li>Clinical exams</li> <li>Monitoring for lumps</li> </ul>	<ul> <li>Determining the specific nature of the disease</li> <li>Genetic evaluation</li> <li>Choosing a treatment plan</li> </ul>	<ul> <li>Surgery prep (anesthetic risk assessment, EKG)</li> <li>Plastic or onco- plastic surgery evaluation</li> </ul>	preservation or mastectomy, oncoplastic alternative)	<ul> <li>Initiospital and outpatient wound healing</li> <li>Treatment of side effects (e.g. skin damage, cardiac complications, nausea, lymphodema and chronic fatigue)</li> <li>Physical therapy</li> </ul>	Periodic mammography     Other imaging     Follow-up clinical     exams     Treatment for any     continued side     effects



## Principles of Value-Based Health Care Delivery

Value is enhanced by increasing provider experience, scale, and learning at the medical condition level



 The virtuous circle extends across geography when care for a medical condition is integrated across locations

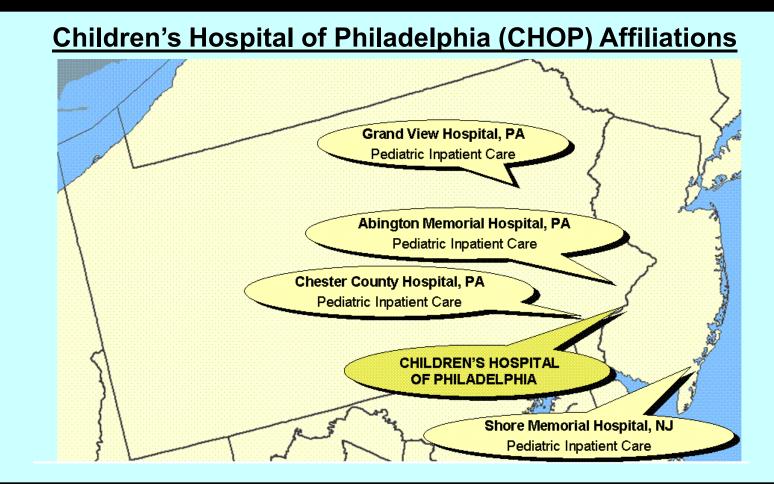
# Fragmentation of Hospital Services <u>Sweden</u>

	Total admissions per year nationwide	Number of admitting providers	Average admissions/ provider / year	Average admissions/ provider / week	Average percent of total national admissions per provider
Diabetes age >					
35	7,649	80	96	2	1.3%
Kidney failure	7,742	80	97	1	1.3%
Multiple sclerosis					
and cerebellar					
ataxia	2,218	78	28	1	1.3%
Inflammatory					
bowel disease	4,816	73	66	1	1.4%
Implantation of cardiac					
pacemaker	6,324	51	124	2	2.0%
Splenectomy age					
> 17	129	37	3	<1	2.6%
Cleft lip & palate					
repair	583	7	83	2	14.2%
Heart transplant	74	6	12	<1	16.6%

Source: Compiled from The National Board of Health and Welfare Statistical Databases - DRG Statistics, Accessed April 2, 2009.

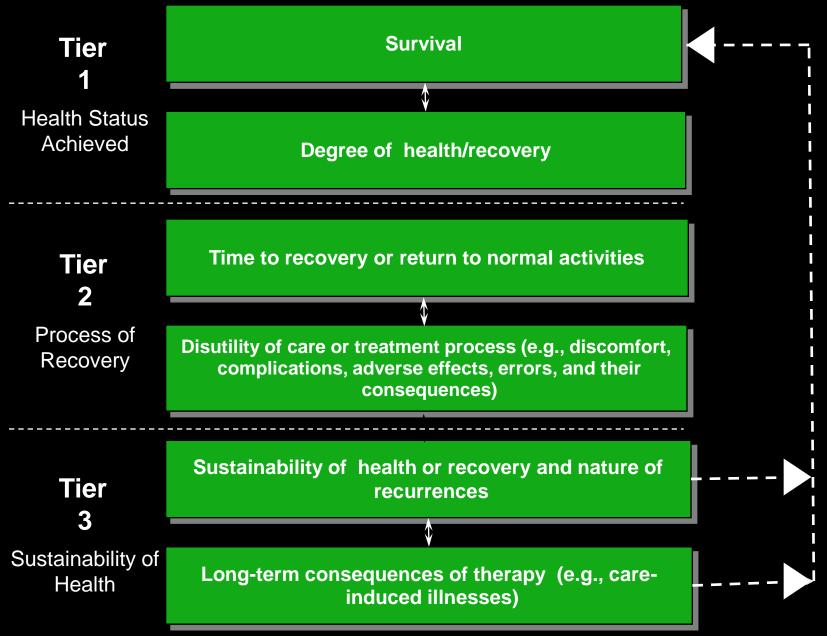
# Principles of Value-Based Health Care Delivery

Care should be **integrated across facilities** and **across regions**, rather than duplicate services in stand-alone units



 Excellent providers can manage care delivery across multiple geographies

### The Outcome Measures Hierarchy



### The Developed World and Resource-Poor Settings Suffer from Similar Delivery Problems

#### **Current Model**

• The product is treatment



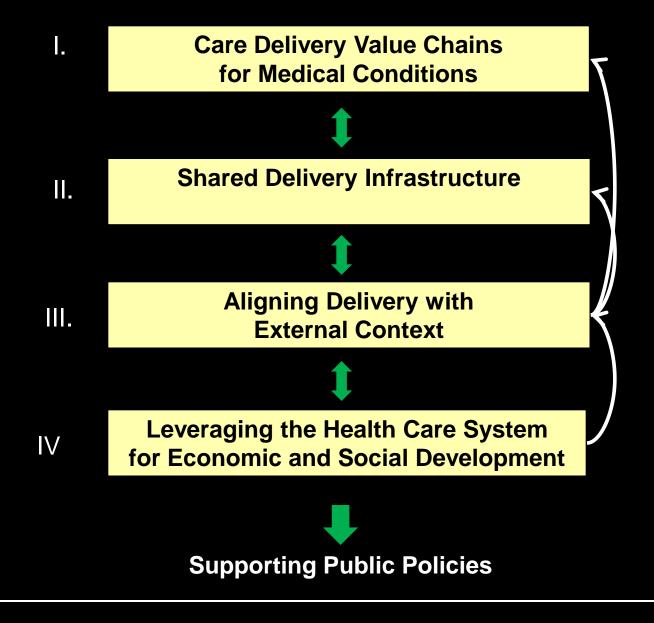
- Measure volume of services (# tests, treatments)
- Focus on facilities, specialties or types of practitioners
- Discrete interventions
- Individual diseases
- Fragmented programs and entities
- Localized pilots and demonstration projects

#### New Model

- The product is health
- Measure value of services (health outcomes per unit of cost)
- Coordinated and integrated care delivery
- Care cycles
- Sets of prevalent cooccurrences
- Integrated care delivery systems
- Integrated systems across communities and regions



### A Framework for Global Health Delivery



### The Care Delivery Value Chain <u>HIV/AIDS</u>

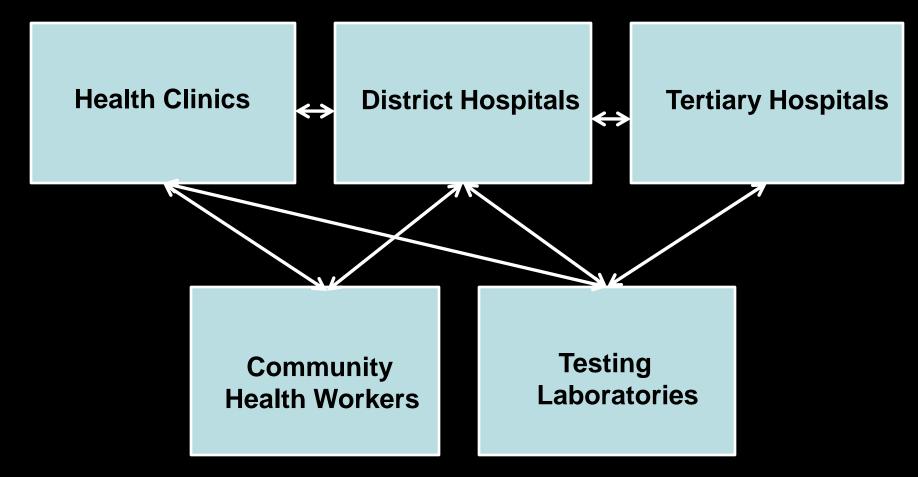
INFORMING & ENGAGING	• Prevention counseling on modes of transmission on risk factors	<ul> <li>Explaining diagnosis and implications</li> <li>Explaining course and prognosis of HIV</li> </ul>	• Explaining approach to forestalling progression	• Explaining medical instructions and side effects	Counseling about adherence; understanding factors for non- adherence	<ul> <li>Explaining co-morbid diagnoses</li> <li>End-of-life counseling</li> </ul>
MEASURING	<ul> <li>HIV testing</li> <li>TB, STI screening</li> <li>Collecting baseline demographics</li> </ul>	<ul> <li>HIV testing for others at risk</li> <li>CD4+ count, clinical exam, labs</li> </ul>	Monitoring CD4+     Continuously     assessing co-     morbidities	<ul> <li>Regular primary care assessments</li> <li>Lab evaluations for initiating drugs</li> </ul>	Managing	HIV staging, response to drugs     Regular primary care assessments     PATIENT VALUE
ACCESSING	<ul> <li>Meeting patients in high-risk settings</li> <li>Primary care clinics</li> <li>Testing centers</li> </ul>	clinics	<ul> <li>Primary care clinics</li> <li>Food centers</li> <li>Home visits</li> </ul>	<ul> <li>Primary care clinics</li> <li>Pharmacy</li> <li>Support groups</li> </ul>	<ul> <li>Primary care clinics</li> <li>Pharmacy</li> <li>Support groups</li> </ul>	<ul> <li>Primary care clinics</li> <li>Pharmacy</li> <li>Hospitals, hospices</li> </ul>
	PREVENTION & SCREENING • Connecting patient with primary care • Identifying high-risk individuals • Testing at-risk individuals • Promoting appropriate risk reduction strategies • Modifying behavioral risk factors • Creating medical records	DIAGNOSING & STAGING • Formal diagnosis, staging • Determining method of transmission • Identifying others at risk • TB, STI screening • Pregnancy testing, contraceptive counseling • Creating treatment plans	<ul> <li>DELAYING PROGRESSION</li> <li>Initiating therapies that can delay onset, including vitamins and food</li> <li>Treating co- morbidities that affect disease progression, especially TB</li> <li>Improving patient awareness of disease progression, prognosis, transmission</li> <li>Connecting patient with care team</li> </ul>	<ul> <li>INITIATING ARV THERAPY</li> <li>Initiating comprehensive ARV therapy, assessing drug readiness</li> <li>Preparing patient for disease progression, treatment side effects</li> <li>Managing secondary infections, associated illnesses</li> </ul>	ONGOING DISEASE MANAGEMENT • Managing effects of associated illnesses • Managing side effects • Determining supporting nutritional modifications • Preparing patient for end-of-life management • Primary care, health maintenance	<ul> <li>MANAGEMENT OF CLINICAL DETERIORATION</li> <li>Identifying clinical and laboratory deterioration</li> <li>Initiating second- and third-line drug therapies</li> <li>Managing acute illnesses and opportunistic infectior through aggressive outpatient management or hospitalization</li> <li>Providing social support</li> <li>Access to hospice care</li> </ul>

## Care Delivery Value Chain Implications for HIV/AIDS Care

- Early diagnosis helps in forestalling disease progression
- Intensive evaluation and treatment at time of the diagnosis can forestall disease progression
- Improving compliance with first stage drug therapy lowers drug resistance and the need to move to more costly second line therapies



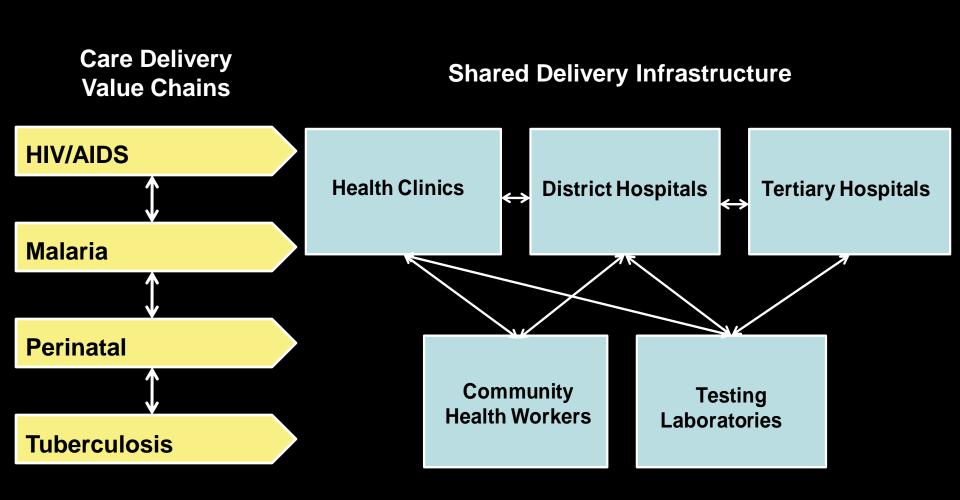
### **Shared Delivery Infrastructure**



#### **Cross Cutting Issues**

Supply Chain ManagementHuman Resource DevelopmentInsurance and Financing

## Integrating "Vertical" and "Horizontal"





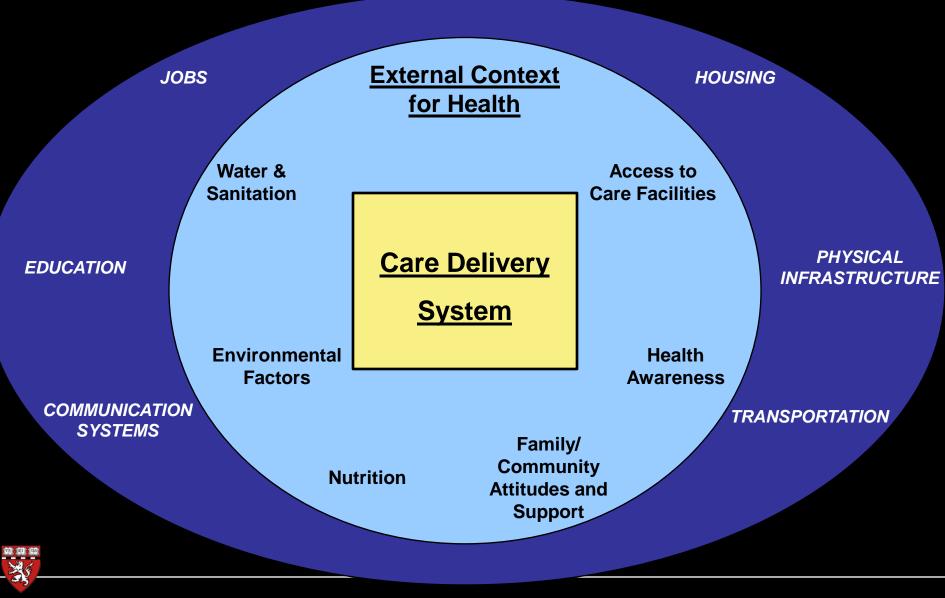
### Shared Delivery Infrastructure Implications for HIV/AIDS Care

- Screening is most effective when integrated into a primary health care system
- Providing maternal and child health care services is integral to the HIV/AIDS care cycle by substantially reducing the incidence of new cases of HIV
- Community health workers not only improve compliance with ARV therapy but can simultaneously address other conditions



# Integrating Delivery and Context

#### **Broader Influences**



# The Relationship Between Health Systems and Economic Development

#### Better Health Enables Economic Development

- Enables people to work
- Raises productivity

Health System Development Fosters Economic Development

- Direct employment (health sector jobs)
- Local procurement
- Catalyst for infrastructure (e.g. cell towers, internet, and electrification)

## Is there a place for a new field in global health?



- What is the patho-physiology?
- What is the diagnosis and appropriate intervention?
- Does the intervention work?



# Is there a place for a new field in global health?

