Value-Based Health Care Delivery: Implications for the Taiwanese System

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Koo Foundation, Sun Yat-Sen Cancer Center April 9, 2010

Doctors Jason Wang and Andrew Huang, and Senior Researcher Jennifer Baron made a substantial contribution to this presentation, This presentation draws on Michael E. Porter and Elizabeth Olmsted Teisberg: Redefining Health Care: Creating Value-Based Competition on Results, Harvard Business School Press, May 2006, and "How Physicians Can Change the Future of Health Care," *Journal of the American Medical Association*, 2007; 297:1103:1111. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means — electronic, mechanical, photocopying, recording, or otherwise — without the permission of Michael E. Porter and Elizabeth Olmsted Teisberg. Further information about these ideas, as well as case studies, can be found on the website of the Institute for Strategy & Competitiveness at http://www.isc.hbs.edu.

Redefining Health Care Delivery

- Universal coverage and access to care are essential, but not enough
- The core issue in health care is the value of health care delivered

Value: Patient health outcomes per dollar spent



- How to design a health care delivery system that dramatically improves patient value
 - Ownership of entities is secondary (e.g. non-profit vs. for profit vs. government)
- How to construct a dynamic system that keeps rapidly improving

Creating a Value-Based Health Care System

 Significant improvement in value will require fundamental restructuring of health care delivery, not incremental improvements

Today, 21st century medical technology is often delivered with 19th century organization structures, management practices, measurement, and pricing

- Process improvements, care pathways, lean production, safety initiatives, disease management and other overlays to the current structure are beneficial but **not sufficient**
- "Consumers" cannot fix the dysfunctional structure of the current system

Creating Competition on Value

- Competition for patients/subscribers is a powerful force to encourage restructuring of care and continuous improvement in value
- Today's competition in health care is not aligned with value

Financial success of system participants

Patient success



 Creating positive-sum competition on value is a central challenge in health care reform in every country

Principles of Value-Based Health Care Delivery

The central goal in health care must be **value for patients**, not access, equity, volume, convenience, or cost containment

Value = Health outcomes

Costs of delivering the outcomes

- Outcomes are the full set of patient health outcomes over the care cycle
- Costs are the total costs of care for the patient's condition, not just the cost of a single provider or a single service

Principles of Value-Based Health Care Delivery

Quality improvement is the key driver of cost containment and higher value, where quality is **health outcomes**

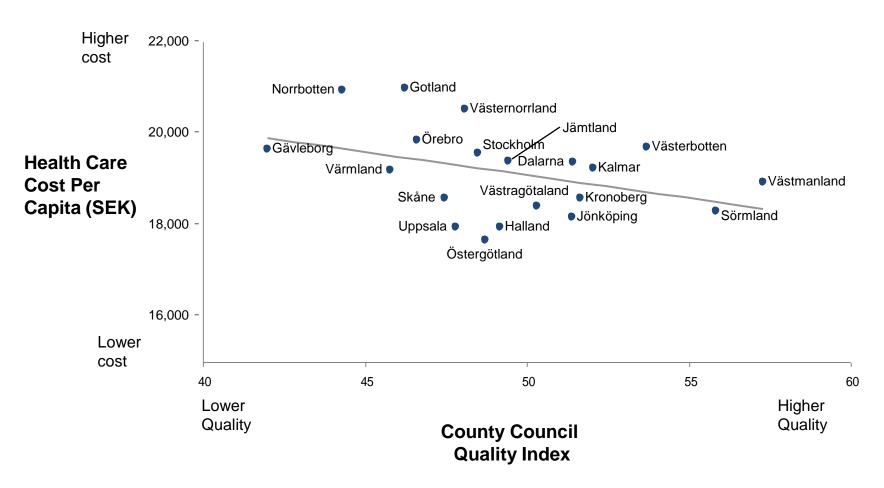
- Prevention
- Early detection
- Right diagnosis
- Right treatment to the right patient
- Early and timely treatment
- Treatment earlier in the causal chain of disease
- Rapid cycle time of diagnosis and treatment
- Less invasive treatment methods

- Fewer complications
- Fewer mistakes and repeats in treatment
- Faster recovery
- More complete recovery
- Less disability
- Fewer relapses or acute episodes
- Slower disease progression
- Less need for long term care
- Less care induced illness



- Better health is the goal, not more treatment
- Better health is inherently less expensive than poor health

Cost versus Quality, Sweden Health Care Spending by County, 2008



Note: Cost including; primary care, specialized somatic care, specialized psychiatry care, other medical care, political health- and medical care activities, other subsidies (e.g. drugs) Source: Öpnna jämförelser, Socialstyrelsen 2008;Sjukvårdsdata i fokus 2008; BCG analysis

Value-Based Health Care Delivery <u>The Strategic Agenda</u>

- 1. Organize into Integrated Practice Units around the Patient's Medical Condition (IPUs)
 - Including primary and preventive care for distinct patient populations
- 2. Measure Outcomes and Cost for Every Patient
- 3. Move to Bundled Prices for Care Cycles
- 4. Integrate Care Delivery Across Separate Facilities
- 5. Grow by Expanding Excellent IPUs Across Geography
- 6. Create an Enabling Information Technology Platform

1. Organize Into Integrated Practice Units

Care delivery should be organized around the patient's **medical** condition over the full cycle of care

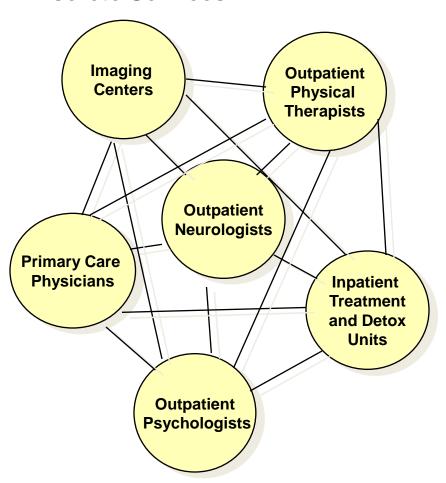
- A medical condition is an interrelated set of patient medical circumstances best addressed in an integrated way
 - Defined from the patient's perspective
 - Including the most common co-occurring conditions and complications
 - Involving multiple specialties and services



 The patient's medical condition is the unit of value creation in health care delivery

1. Organize into Integrated Practice Units Migraine Care in Germany

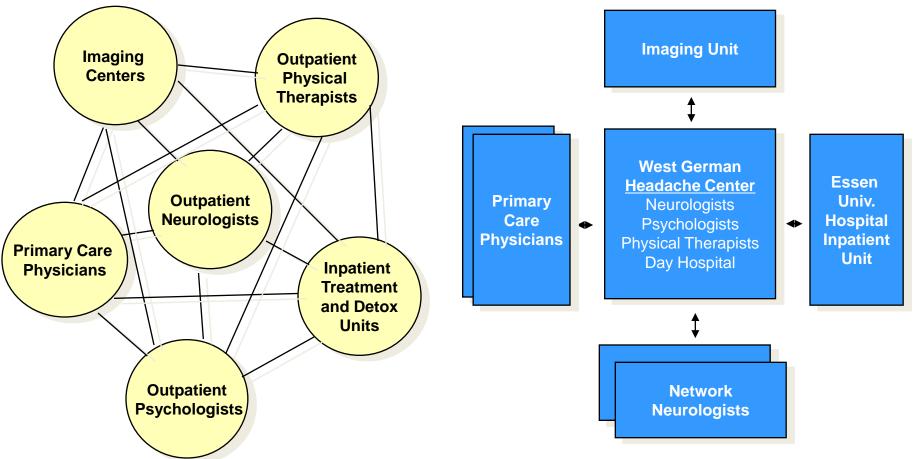
Existing Model: Organize by Specialty and Discrete Services



1. Organize into Integrated Practice Units **Migraine Care in Germany**

Existing Model: Organize by Specialty and **Discrete Services**

New Model: Organize into Integrated Practice Units (IPUs)



Source: Porter, Michael E., Clemens Guth, and Elisa Dannemiller, The West German Headache Center: Integrated Migraine Care, Harvard Business School Case 9-707-559, September 13, 2007

Integrating Across the Cycle of Care <u>Breast Cancer</u>

| | • Advice on self screening | ■Counseling patient and | Explaining patient | Counseling on the treatment | ■Counseling on | ■Counseling on long |
|------------------------------|--|---|---|--|--|---|
| INFORMING AND ENGAGING | Consultations on risk factors | family on the diagnostic process and the diagnosis | treatment options/shared decision making | process • Education on managing side effects and avoiding | rehabilitation options, process •Achieving compliance | term risk management •Achieving |
| | | , | Patient and family psychological counseling | complications of treatment Achieving compliance | Psychological counseling | Compliance |
| MEASURING | Self exams Mammograms | Mammograms Ultrasound MRI Labs (CBC, Blood chems, etc.) Riopsy | •Labs | Procedure-specific measurements | Range of movement Side effects measurement | ■MRI, CT ■Recurring mammograms (every six months for the |
| | | BRACA 1, 2 CT Bone Scans | | | | first 3 years) |
| ACCESSING | Office visits Mammography lab visits | Office visits | Office visits | Hospital stays | Office visits | Office visits |
| | | •Lab visits | Hospital visits Lab visits | Visits to outpatient radiation or chemotherapy units | Rehabilitation facility visits | Lab visits Mammographic labs and |
| | | High risk clinic visits | | ■Pharmacy | ■Pharmacy | imaging center visits |
| | | | | | | |
| | MONITORING/ PREVENTING | DIAGNOSING | PREPARING | INTERVENING | RECOVERING/ REHABING | MONITORING/MANAGING |
| | | Medical history Determining the specific nature of the disease (mammograms, pathology, biopsy results) | PREPARING • Choosing a treatment plan • Surgery prep (anesthetic risk assessment, EKG) | • Surgery (breast preservation or mastectomy, oncoplastic alternative) | REHABING In-hospital and outpatient wound healing Treatment of side effects (e.g. skin damage, cardiac complications, nausea, lymphodema | Periodic mammography Other imaging Follow-up clinical exams |
| | PREVENTING Medical history Control of risk factors (obesity, high fat diet) Genetic screening Clinical exams | Medical history Determining the specific nature of the disease (mammograms, pathology, biopsy | Choosing a treatment plan Surgery prep (anesthetic risk) | Surgery (breast preservation or mastectomy, oncoplastic | REHABING In-hospital and outpatient wound healing Treatment of side effects (e.g. skin damage, cardiac complications, nausea, lymphodema and chronic fatigue) | Periodic mammography Other imaging Follow-up clinical |
| | PREVENTING Medical history Control of risk factors (obesity, high fat diet) Genetic screening Clinical exams | Medical history Determining the specific nature of the disease (mammograms, pathology, biopsy results) Genetic evaluation | Choosing a treatment plan Surgery prep (anesthetic risk assessment, EKG) Plastic or onco-plastic surgery evaluation Neo-adjuvant | Surgery (breast preservation or mastectomy, oncoplastic alternative) Adjuvant therapies (hormonal medication, radiation, and/or | REHABING In-hospital and outpatient wound healing Treatment of side effects (e.g. skin damage, cardiac complications, nausea, lymphodema and chronic fatigue) Physical therapy | Periodic mammography Other imaging Follow-up clinical exams Treatment for any continued or later onset side effects or |

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Other Provider Entities

Integrating Across the Cycle of Care <u>Breast Cancer</u>

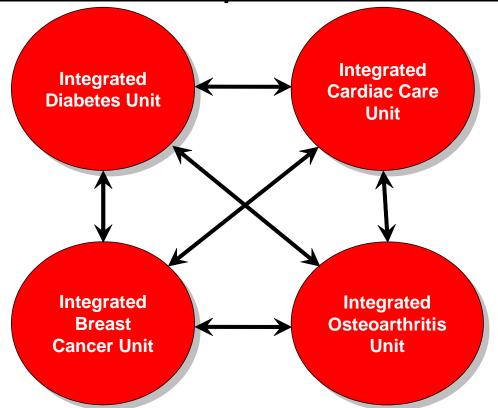
| INFORMING AND ENGAGING | Advice on self screening Consultations on risk factors | Counseling patient and family on the diagnostic process and the diagnosis | Explaining patient treatment options/shared decision making Patient and family psychological counseling | Counseling on the treatment process Education on managing side effects and avoiding complications of treatment Achieving compliance | Counseling on rehabilitation options, process Achieving compliance Psychological counseling | Counseling on long term risk management Achieving Compliance |
|------------------------------|---|---|---|---|--|---|
| MEASURING | Self exams Mammograms | Mammogranis Ultrasound MRI Labs (CBC, Blood chems, etc.) Biopsy BRACA 1, 2 CT Bone Scans | Labs | Procedure-specific measurements | Range of movement Side effects measurement | MRI, CT Recurring mammograms (every six months for the first 3 years) |
| ACCESSING | Office visits Mammography lab visits | Office visits | Office visits | Hospital stays | Office visits | Office visits |
| | manning apriy lab toll | Lab visits High risk clinic visits | Hospital visits Lab visits | Visits to outpatient radiation or chemotherapy units Pharmacy | Rehabilitation facility visits Pharmacy | Lab visits Mammographic labs and imaging cent visits |
| | MONITORING/ PREVENTING | DIAGNOSING | PREPARING | INTERVENING | RECOVERING/ REHABING | MONITORING/MANAGING |
| | Medical history Control of risk factors (obesity, high fat diet) Genetic screening Clinical exams | Medical history Determining the specific nature of the disease (mammograms, pathology, biopsy results) Genetic evaluation | Choosing a treatment plan Surgery prep (anesthetic risk assessment, EKG) | Surgery (breast preservation or mastectomy, oncoplastic alternative) | In-hospital and outpatient wound healing Treatment of side effects (e.g. skin damage, cardiac complications, nausea, lymphodema and | Periodic mammography Other imaging Follow-up clinical exams Treatment for any continued or |
| | Monitoring for lumps | Labs | Plastic or onco-plastic surgery evaluation Neo-adjuvant chemotherapy | Adjuvant therapies (hormonal medication, radiation, and/or chemotherapy) | chronic fatigue) | later onset side effects or complications |
| | | | | | Physical therapy | |
| | | | | | Breast Ca | ancer Specialist |

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IPUs and Value

Outcomes Cost Better decisions in terms of diagnosis and treatment -Specialized experience and expertise -Better coordination/peer review -Better integration of co-occurrences Greater Better execution of treatment provider -Specialized experience and expertise efficiency -Tailored facilities Better -Seamless management of common coutilization of occurrences facilities Faster cycle time Streamlined Improved patient compliance and administraengagement with care tive costs Full range of support services needed to achieve success for the patient (e.g. nutrition, rehabilitation, counseling, psychological support) Vastly greater patient convenience

Coordinating Care Across IPUs Patients with Multiple Medical Conditions

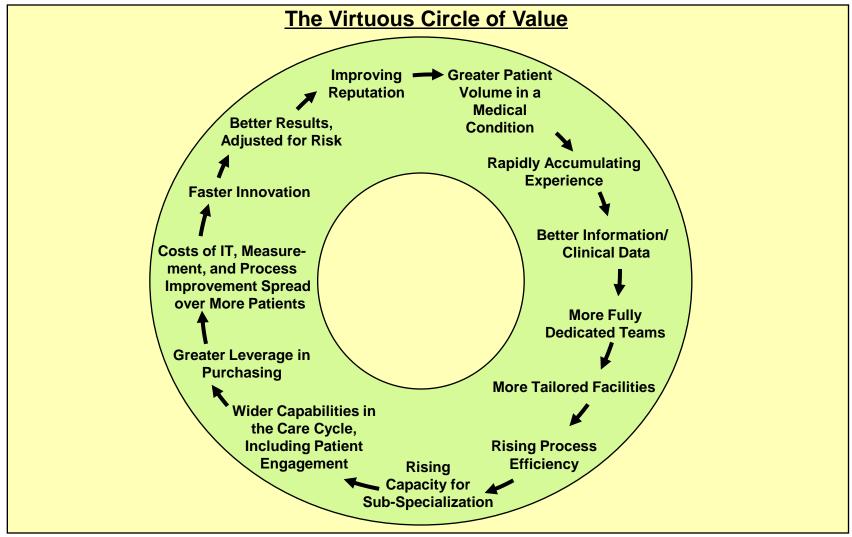


- The primary organizational structure for care delivery should be around the forms of integration required for every patient, or IPUs
 - The current system is organized around the exception, not the rule
- Overlay mechanisms should manage coordination across IPUs



 The IPU model will greatly simplify coordination of care for patients with multiple medical conditions

Volume and Experience in a Medical Condition Drive Patient Value





 Volume and experience have an even greater impact on value in an IPU structure than in the current system

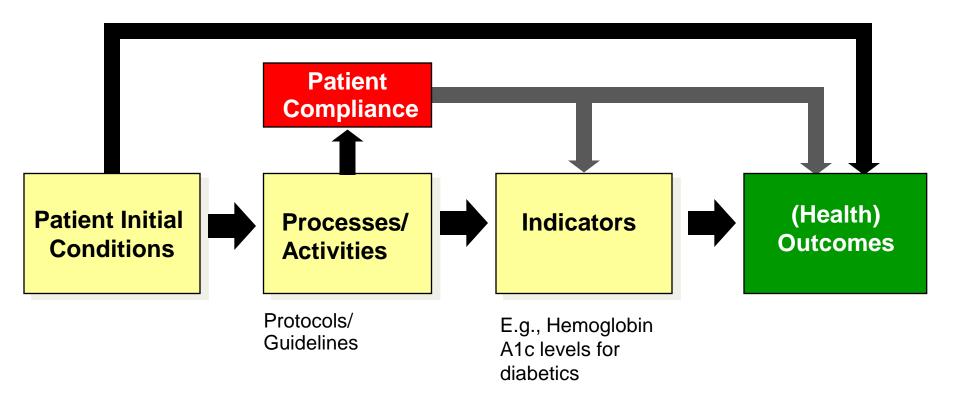
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Fragmentation of Hospital Services <u>Japan</u>

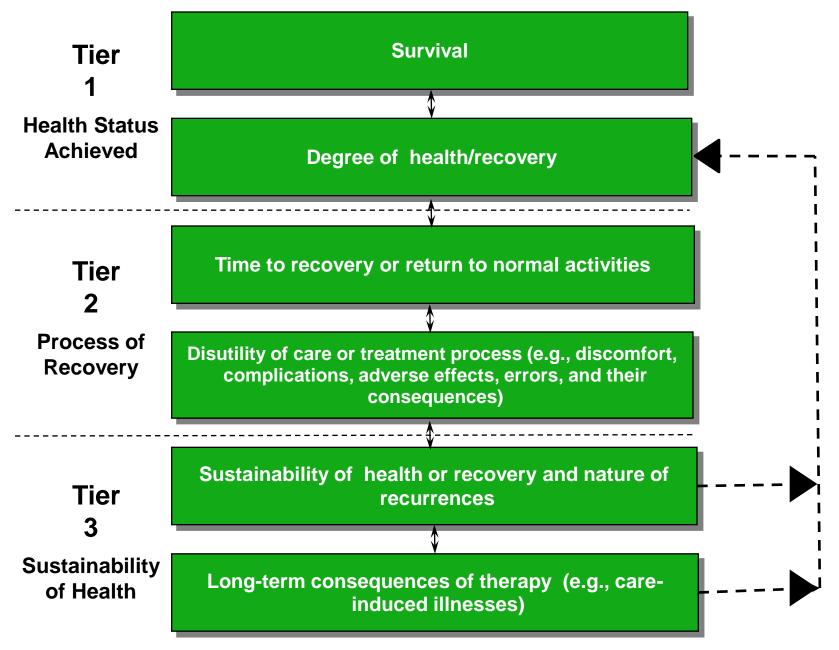
| Procedure | Number of hospitals performing the procedure | Average number of procedures per provider per year | Average number of procedures per provider per week |
|--|--|--|--|
| Craniotomy | 1,098 | 71 | 1.4 |
| Operation for gastric cancer | 2,336 | 72 | 1.4 |
| Operation for lung cancer | 710 | 46 | 0.9 |
| Joint replacement | 1,680 | 50 | 1.0 |
| Pacemaker implantation | 1,248 | 40 | 0.8 |
| Laparoscopic procedure | 2,004 | 72 | 1.4 |
| Endoscopic procedure | 2,482 | 202 | 3.9 |
| Percutaneous transluminal coronary angioplasty | 1,013 | 133 | 2.6 |

Source: Porter, Michael E. and Yuji Yamamoto, *The Japanese Health Care System: A Value-Based Competition Perspective*, Unpublished White Paper, September 1, 2007

2. Measure Outcomes and Cost For Every Patient

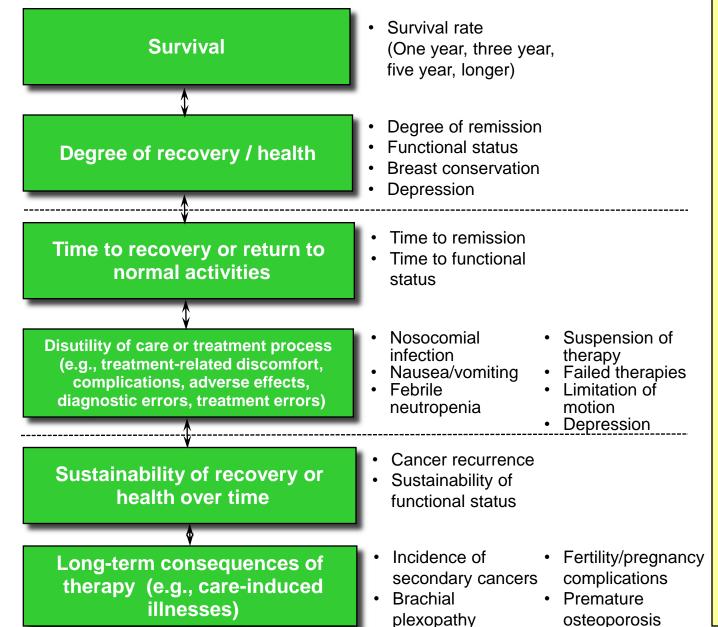


The Outcome Measures Hierarchy



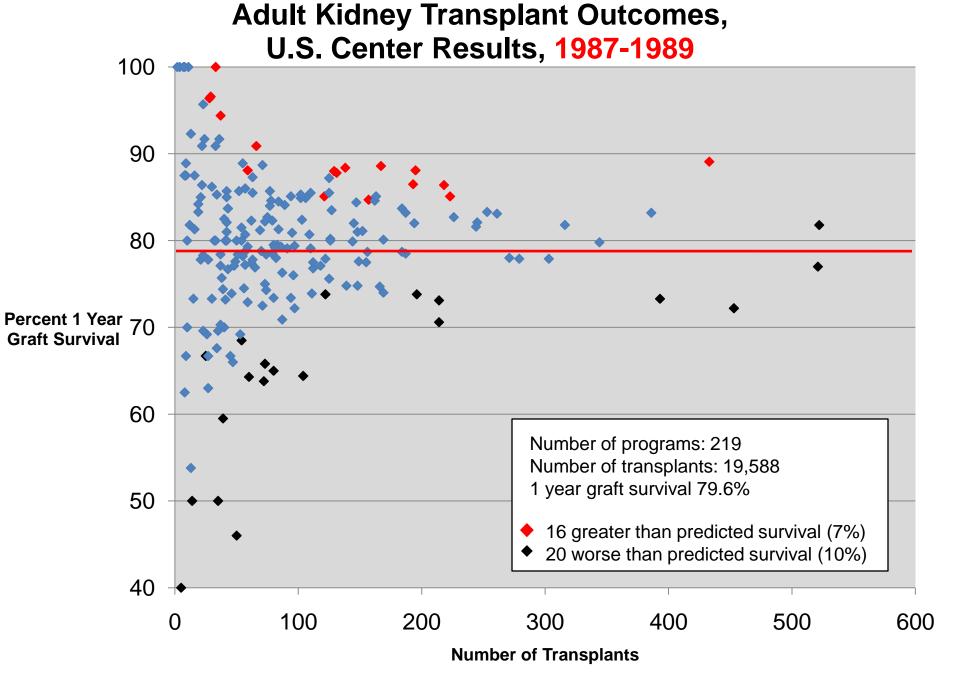
The Outcome Measures Hierarchy

Breast Cancer

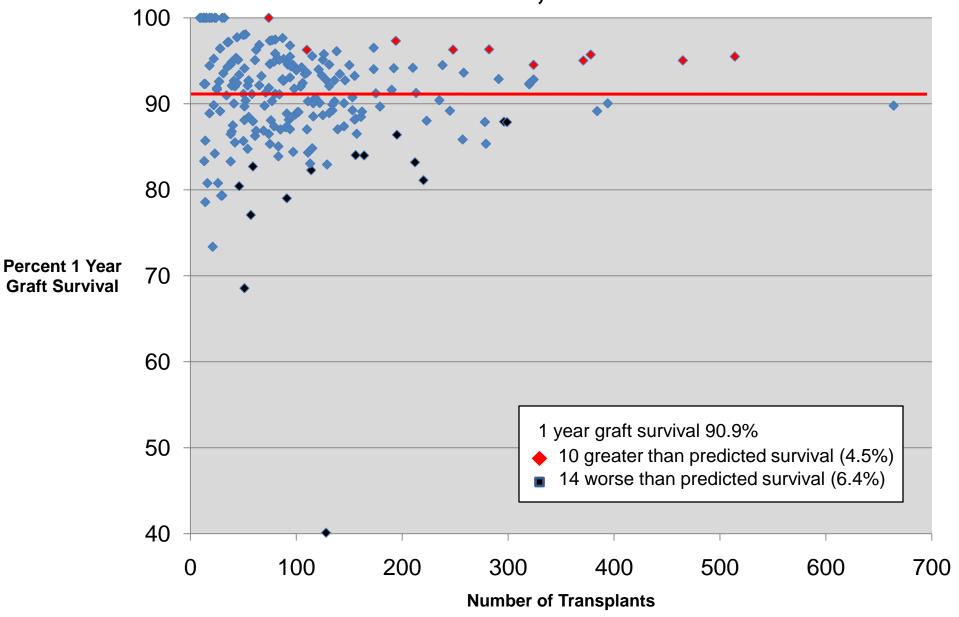


- Initial Conditions/Risk Factors
- Stage of disease
- Type of cancer (infiltrating ductal carcinoma, tubular, medullary, lobular, etc.)
- Estrogen and progesterone receptor status (positive or negative)
- Sites of metastases
- Previous treatments
- Age
- Menopausal status
- General health, including comorbidities
- Psychological and social factors

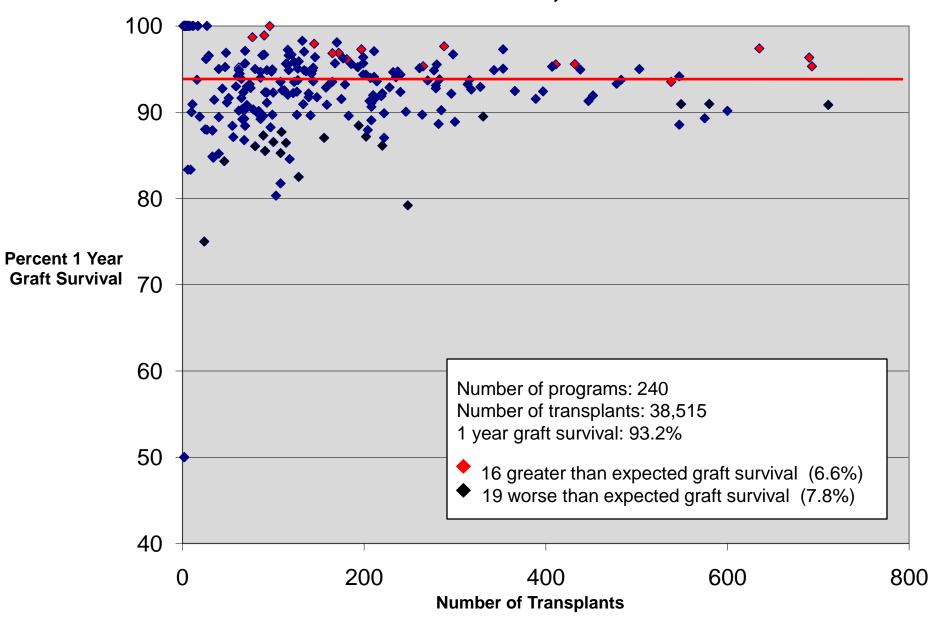
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Adult Kidney Transplant Outcomes, U.S. Center Results, 1998-2000



Adult Kidney Transplant Outcomes U.S. Center Results, 2005-2007



Measuring Cost

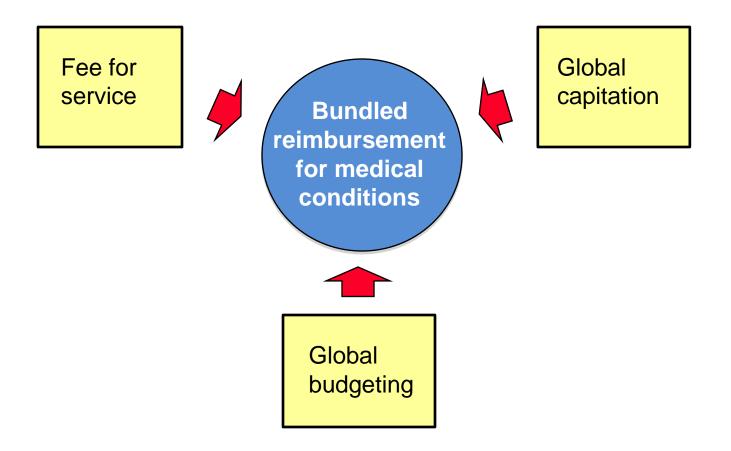
Aspiration

- Cost should be measured for each patient, aggregated across the full cycle of care
- Cost should be measured for each medical condition (which includes common co-occurring conditions), not for all services
- The cost of each activity or input attributed to a patient should reflect that
 patient's use of resources (e.g. time, facilities, supplies, services), not
 average allocations
- The only way to properly measure true cost per patient is to track the time devoted to each patient by providers, facilities, support services, and other shared costs

Reality

- Most providers track charges not costs
- Most providers track cost by billing category, not for medical conditions
- Most providers cannot accumulate total costs for particular patients
- Most providers use arbitrary or average allocation of shared resources, not patient specific allocations

3. Move to Bundled Prices for Care Cycles



What is Bundled Payment?

- Total package price for the care cycle for a medical condition
 - Includes responsibility for avoidable complications
 - Medical condition capitation
- The bundled price should be severity adjusted

What is Not Bundled Payment

- Prices for short episodes (e.g. inpatient only, procedure only)
- Separate payments for physicians and facilities
- Pay-for-performance bonuses
- "Medical Home" payment for care coordination



DRGs can be a starting point for bundled models

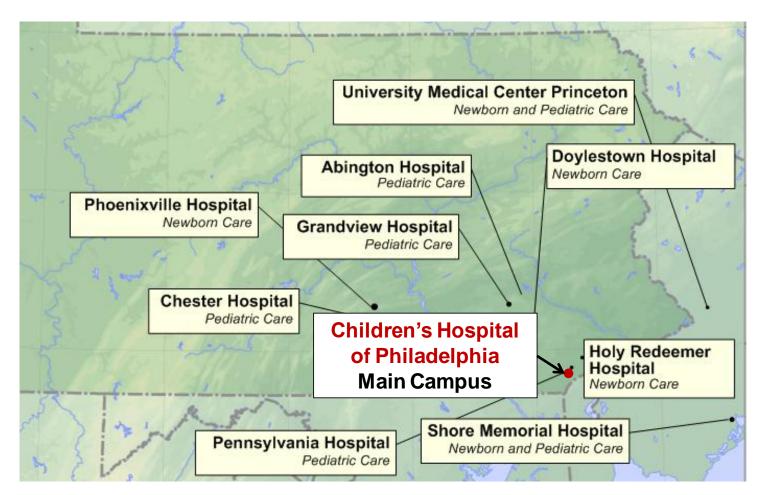
Bundled Payment in Practice <u>Hip and Knee Replacement in Sweden</u>

- In 2009, Stockholm County Council began to offer a bundled price for joint replacement (hip and knee), that includes:
 - Pre-op evaluation
 - Lab tests
 - Radiology
 - Surgery & related admission
 - Prosthesis
 - Drugs
 - Inpatient rehab, up to 6 days

- 1 follow-up visit within 3 months
- Any additional surgery to the joint within 2 years
- If post-op infection requiring antibiotics occurs, guarantee extended to 5 years
- Same referral system from primary care
- Eligibility is restricted to relatively healthy patients (i.e. ASA scores of 1 or 2)
- The bundled price for a knee or hip replacement is about US \$8,000
- Mandatory reporting to joint registry plus supplementary
- Provider participation is voluntary but all providers are involved
 - 6 public hospitals, 4 private hospitals
 - 3400 patients treated in 2009

4. Integrate Care Delivery Across Separate Facilities

Children's Hospital of Philadelphia (CHOP) Hospital Affiliates



Levels of System Integration

- 1. Rationalize service lines/ IPUs across facilities to improve volume, avoid duplication, play to strength, and concentrate excellence
- 2. Offer specific services at the appropriate facility
 - E.g. acuity level, cost level, need for convenience
 - Patient referrals across units
- 3. Clinically integrate care across facilities, within an IPU structure
 - Develop consistent protocols and provide access to experts by providers throughout the network
 - Expand coverage of the care cycle and integrate care across the cycle
 - Connecting ancillary service units to IPUs
 - E.g. home care, rehabilitation, behavioral health, social work, addiction treatment (organize within service units to align with IPUs)
 - Linking preventive/primary care units to specialty IPUs

5. Grow by Expanding Excellent IPUs Across Geography



Grow in ways that improve value, not just volume

Models of Geographic Expansion

AFFILIATIONS

Affiliation
Agreements
with
Independent
Provider
Organizations

Second
Opinions and
Telemedicine
Services

NODES

Dispersed Diagnostic Centers

Convenience
Sensitive
Service
Locations in the
Community

Complex IPU
Components
(e.g. surgery)
in Additional
Locations

HUBS

Specialty
Referral
Hospitals in
Additional
Locations

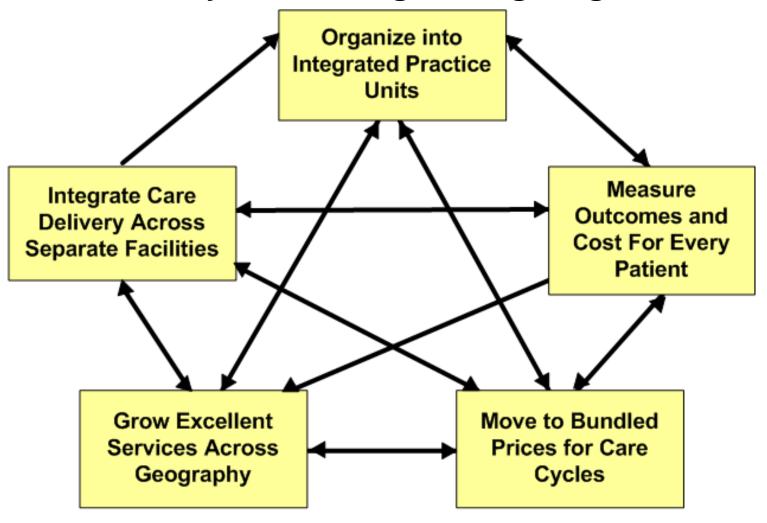
Broader-Line Referral Hubs

6. Create an Enabling Information Technology Platform

Utilize information technology to enable **restructuring of care delivery** and **measuring results**, rather than treating it as a solution itself

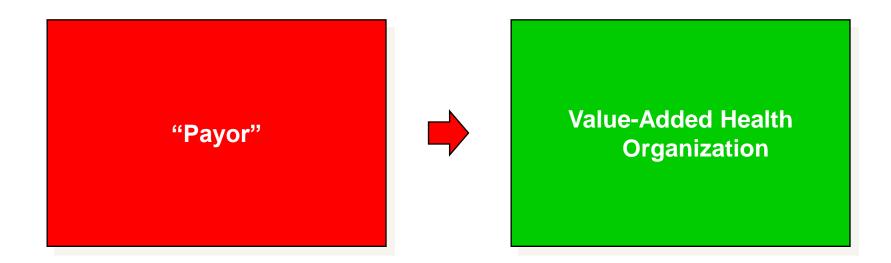
- Common data definitions
- Combine all types of data (e.g. notes, images) for each patient over time
- Data encompasses the full care cycle, including referring entities
- Allowing access and communication among all involved parties, including patients
- "Structured" data vs. free text
- Templates for medical conditions to enhance the user interface
- Architecture that allows easy extraction of outcome, process, and cost measures
- Interoperability standards enabling communication among different provider systems

A Mutually Reinforcing Strategic Agenda



Enabling IT Platform

Value-Based Healthcare Delivery: Implications for Contracting Parties/Health Plans



Value-Adding Roles of Health Plans

Members

- Assemble, analyze, and manage the total medical records of members
- Contract for integrated prevention, wellness, screening, and disease management services for defined member segments

Providers

- Design new bundled reimbursement structures for care cycles instead of fees for discrete services
- Encourage and reward integrated practice unit models by providers
- Assist in coordinating patient care across care cycles and across medical conditions

Evaluation

- Monitor and compare provider results by medical condition
- Provide advice to patients (and referring physicians) in selecting excellent providers
- Measure and report member health results by medical condition versus other plans

Health plans will require new staff and new capabilities to play these roles

Value-Based Health Care Delivery: Implications for Government

- Remove obstacles to the restructuring of health care delivery around the integrated care of medical conditions
- Establish universal measurement and reporting of provider health outcomes
- Require universal reporting by health plans of health outcomes for members
- Shift reimbursement systems to bundled prices for cycles of care instead of payments for discrete treatments or services
- Open up competition among providers and across geography
- Mandate EMR adoption that enables integrated care and supports outcome measurement
 - National standards for data definitions, communication, and aggregation
 - Software as a service model for smaller providers
- Encourage greater responsibility of individuals for their health and their health care

Moving to a High Value Health Care System in Taiwan Strengths

Insurance and Coverage

- Universal, mandatory health insurance coverage
- Income-based payroll taxes ("premiums") and employer contributions
 - Low-income residents exempt from premiums and cost sharing
- National fee-for-service payment schedule eliminates price discrimination across patients
- Coverage and reimbursement for a wide scope of benefits, including primary and preventive care

Delivery System

- Free choice of providers
- Most hospital physicians are salaried
- Widespread adoption of health information technology, including "Smart card," electronic health record systems, electronic claims submission
- Initial steps toward measuring results, e.g. disease registries and pay-for-performance reporting requirements
- Initial steps toward bundled reimbursement at the medical condition level for breast cancer
- Health care expenditures are relatively low compared to other health care systems with universal coverage
 - Achieved without rationing of care or long wait times

Moving to a High Value Health System in Taiwan Weaknesses

Delivery System

- Focus is primarily on access rather than value improvement for patients
- Government payer is largely passive, missing opportunities to contribute to member health
 - No mechanisms for directing patients to appropriate and excellent providers
- Focus is on interventions rather than integrated care across the care cycle
- Lack of effective primary and preventative care and disease management
- Hospital-centric care delivery system
- Duplication and fragmentation of services across providers
- Inefficient use of physicians
- Weak coordination of care
- Lack of comprehensive outcome measurement
- Fee-for-service reimbursement and global budget "point" system are misaligned with value, encouraging over-provision of services
 - Although most physicians are salaried, a larger part of their compensation is based on a volume driven bonus
- Limited engagement of patients in their health and health care

Moving to a High Value Health Care System in Taiwan Recommendations

Insurance and Coverage

- Move from a passive payer model to a true health plan model in which the BNHI assists members in managing their health
- The BNHI should measure and report the health outcomes of members by medical condition, stratified by risk
- Encourage greater responsibility of individuals for their health
 - E.g. through incentives for healthy behavior and co-payments that encourage use of high value services and adherence to healthy behaviors, medications, and treatment regimens

Moving to a High Value Health Care System in Taiwan Recommendations, cont'd.

Delivery System

- Require mandatory measurement of patient health outcomes by medical condition for every provider, beginning with prevalent diseases
 - Including outcomes for primary/preventive care, for defined populations
- Shift reimbursement to bundled prices for cycles of care instead of payment for discrete services
 - Accelerate the roll-out of the modified Taiwan DRG system
 - Build upon of the bundled payment mode for breast cancer
 - Bundled prices should include high value care services and responsibility for unnecessary complications
 - Bundles should be severity adjusted for member health differences to minimize bias against complex patients
 - Prices should move to price caps instead of fixed prices over time once universal outcome measurement is in place
 - Over time, the global budgets and the "point" system should be eliminated
 - Results measurement will reduce duplicative and unnecessary care and determine whether over-provision is occurring

Moving to a High Value Health Care System in Taiwan Recommendations, cont'd.

Delivery System, cont'd.

- Enable integrated care delivery structures for medical conditions, which encompass the full care cycle
 - Multidisciplinary and outpatient centric
 - Expanding non-physician skilled staff, and emphasizing patient education and engagement
 - Involving affiliations with primary care units
- Create new integrated primary and preventive care models for defined patient groups
- Open competition on value among providers
- Consider minimum volume standards for certification in more complex medical conditions, pending universal outcome measurement
- Reduce barriers and create incentives for excellent providers to expand across multiple locations, including local feeder facilities with telemedicine support for rural areas
- Mandate national, interoperable EMR adoption enabling integrated care and supporting outcome measurement within and across provider settings
 - Set IT standards for data definitions, data architecture, and interoperability, and set a fixed deadline within which all medical information systems must be compliant

Harvard ISC Invitation for Collaboration

- Curriculum on value-based health care delivery
 - Sharing case studies and video content
 - Assistance in course design and teaching

ISC Health Care Case Studies

| Title | Medical Condition | Topics | Country |
|---|----------------------------|--|---------------|
| Ledina Lushko: Navigating Health Care | | | |
| Delivery | Adrenal Cortical Carcinoma | IPUs, Provider System Integration | United States |
| The University of Texas MD Anderson | | | |
| Cancer Center: Interdisciplinary Cancer | Head and Neck Cancer, | | |
| Care | Endocrine Cancer | IPUs, Growth & Expansion | United States |
| The West German Headache Center: | | · | |
| Integrated Migraine Care | Migraine | IPUs, Bundled Reimbursement | Germany |
| Dartmouth-Hitchcock Medical Center: | | | |
| Spine Care | Spine Care | IPUs, Results Measurement | United States |
| Koo Foundation Sun Yat-Sen Cancer | | IPUs, Bundled Reimbursement, Results | |
| Center: Breast Cancer Care in Taiwan | Breast Cancer | Measurement | Taiwan |
| Global Health Partner: Obesity Care | Obesity, Bariatric Surgery | IPUs, Results Measurement | Sweden |
| The Joslin Diabetes Center | Diabetes | IPUs | United States |
| In-Vitro Fertilization: Outcomes | | | |
| Measurement | Infertility, IVF | Results Measurement | United States |
| Partners In Health: HIV Care in Rwanda | HIV/AIDS | Resource-Poor Settings | Rwanda |
| Brigham and Women's Hospital Shapiro | | | |
| Cardiovascular Center | Cardiovascular Care | IPUs | United States |
| | | IPUs, Results Measurement, Provider | |
| The Cleveland Clinic: Growth Strategy | Various | System Integration, Growth & Expansion | United States |
| Children's Hospital of Philadelphia: | | Provider System Integration, Growth & | |
| Network Strategy | Various | Expansion | United States |
| ThedaCare: System Strategy | Various | IPUs, Provider System Integration | United States |
| Commonwealth Care Alliance: Elderly and | | Bundled Reimbursement, Health Plans, | |
| Disabled Care | Various | Primary Care | United States |
| Pitney Bowes: Employer Health Strategy | Various | Employers, Health Plans | United States |
| Highland District County Hospital: | | | |
| Gastroenterology Care in Sweden | Inflammatory Bowel Disease | IPUs, Results Measurement | Sweden |
| | | Bundled Reimbursement, Outcome and | |
| UCLA Kidney Transplantation | Organ Transplantation | Cost Measurement | USA |

Invitation for Collaboration

Curriculum on value-based health care delivery

- Sharing case studies and video content
- Assistance in course design and teaching

Intensive executive workshops

- At Harvard
- In Asia

Research collaboration

- Design and operation of IPUs
- Outcome measurement
- Bundled pricing models